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Local Author Offers Law of Attraction Dream Board & Dinner Event

SEATTLE, WA – March 2008 -- The movie and book “The Secret” have fueled widespread interest in the Law of Attraction. Now local author and dream board expert Melissa Wadsworth and Redmond restaurateur Lily Lei are teaming up to offer a monthly “Dinner and a Dream Board” workshop. The weekday evening event runs from 6:30 to 8:30 pm at the Watercress Asian Bistro, 16505 Redmond Way, Redmond, WA, 98052. The workshop includes dinner, beverage, dream board instruction and all materials for \$50.00. Open to the public, reservations are required due to limited seating. Call 206-384-1890 or go to www.melissawadsworth.com for the next event date.

“Dream boards and vision collages are a visual affirmation of our dreams and goals,” says Wadsworth. “Dream boards empower people by providing a compelling focus that generates positive mental and emotional energy and the inspired action required to manifest our goals. Finding time to really focus on personal and career dreams is an issue for many people. We all have the best intentions, but it often doesn’t happen, so this evening event is a fantastic opportunity to come and play visionary.”

Wadsworth conducts dream board seminars for small and large groups alike. She recently conducted a dream board presentation for 1400 people at a Master Your Mind event in Los Angeles, as well as for the Women of Wisdom conference here in Seattle.

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Note to editor: High resolution digital photo of Melissa Wadsworth below. Please contact Melissa at 206-384-1890 if you would like it sent as an attachment or require a color photograph.

