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**Local Dream Manifestation Expert
Attracting Big Dreamers Just Like Oprah**

Seattle, WA, February 14, 2008 -- Oprah Winfrey was talking about the popular law of attraction again on her February 6, 2008 show. This time with acclaimed author Louise Hay and well-regarded life coaches Martha Beck and Cheryl Richardson. Dream boards (also called vision boards) kept coming up. Celebrities and viewers alike showed their dream boards and explained how something they had pictured on a board had come true. This came as no surprise to Seattle dream board expert and seminar leader Melissa Wadsworth. She has known about the manifesting power of personal visuals for years.

“It’s so exciting to see how the law of attraction concept is catching on and expanding people’s awareness of what is possible in their lives,” said Wadsworth who is also an author and inspirational speaker. “I’ve been working with collages since about 1998. I’ve experienced firsthand how powerful dream boards and vision collages are. They can show personal and business successes, reveal current emotions, and keep you inspirationally focused on a goal until it actually comes about.”

Wadsworth leads monthly “Dinner and a Dream Board” presentations at the Watercress Asian Bistro, 16505 Redmond Way, Redmond, WA, 98052. The next one is February 27th, 6:00 to 8:30 pm. The \$50 fee includes dinner, drink, dream board materials and instruction. For further information, visit www.melissawadsworth.com or call 206-384-1890 to reserve your seat.

According to Wadsworth, she did not know about the law of attraction, also known as “The Secret,” until about two years ago. “Of course, having developed my collage work process, I was familiar with how dream boards seemed to predict future events, but I did not know that this was called manifesting or the law of attraction. The good news is that you don’t need to know what it’s called for it to work,” she stated.

Attendees of her dream board seminars not only get informed about the law of attraction, they also learn how to intuitively tap into their inner knowing using guidance and tools based on Wadsworth’s “What You Notice Matters!”TM conscious-living philosophy. According to Wadsworth, this process enables people to discover “lost” parts of their personality and to be alerted to needs and desires that may not have “surfaced” in their conscious mind yet.

Dominique Hurley from Saskatoon, Canada, described what her intuitive dream board showed her at one of Wadsworth's presentations. "I was expecting to create a board of happy couple shots, but, to my surprise, there was only one little couple shot at the bottom. The message that revealed itself delighted me; it resonated with such truth. The message was: Self-love and embracing my inner-child to laugh, love and play is the key to a happy, healthy, juicy, passionate life," she said.

Cutting and gluing pictures with the rapt attention and playfulness of grade school children, Wadsworth says that attendees tell her the dream board seminars give them permission to dream big. It also gives them the opportunity to get clarity around their dreams and goals, while spending a few precious hours building faith in their own hearts and minds that their dreams will really happen.

"I recently got a call from a woman in Chicago who attended one of my seminars in Los Angeles last month. She paid attention to my "What You Notice Matters!" intuitive dream board instructions and sail boats and cruise ships caught her attention. Last week she found out that she won a cruise! Needless to say, she's pretty excited about what else dream boards can help her see and bring about."

Wadsworth will also present at the *Women Embracing Change* evening event at the Harbor Club in Bellevue, March 25th, www.womenembracingchangeseminars.com.

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